

BE STILL

Finding a Quiet Heart in a Noisy World

*Let not your heart be troubled . . .
John 14:1*

Main Thing to Know:

When problems _____ I can still have His _____

1. Troubled _____ create troubled _____

“troubled” = _____

Unsuccessful ways to find a quiet heart:

- _____
- _____
- _____
- _____

*The claim of the gospel is not only that it can give us
a quiet heart, but also that nothing else can . . .
—Martin Lloyd-Jones*

2. _____ faith creates _____ hearts

*You have made us for yourself, Lord, and our hearts are
restless until they rest in you.*

—Augustine

Finding a Quiet Heart:

(1) _____

In solitude I get rid of my scaffolding.

—Henri Nouwen

(2) _____

(3) _____